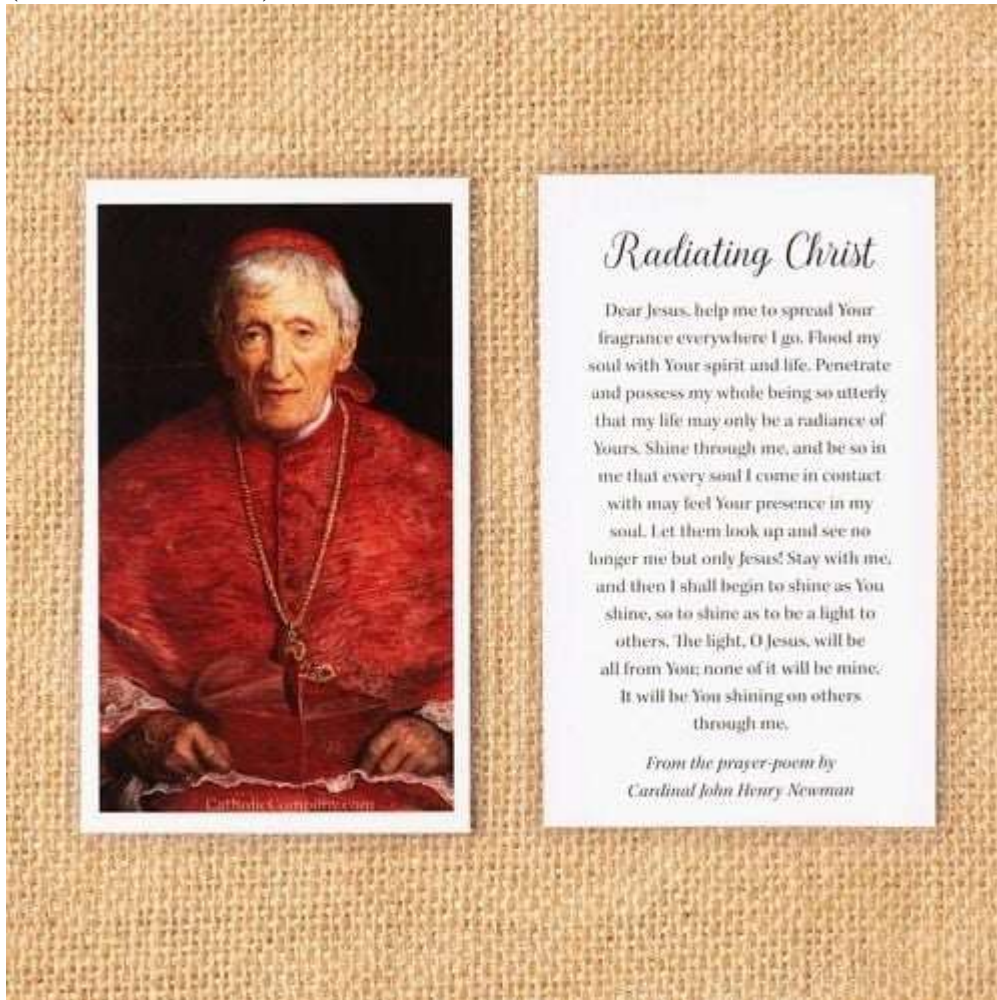


“Help from Our Lady to Observe The Word of GOD”  
by Saint Cardinal John Henry Newman  
(1801 - 1890 AD)



[https://www.catholic.org/saints/saint.php?saint\\_id=46073](https://www.catholic.org/saints/saint.php?saint_id=46073)

Saint John Henry Newman was a convert from The Anglican Church, Saint Newman was ordained a Catholic Priest and then a Cardinal. He established the Oratory in Birmingham, England, and was a Preacher of The Holy Gospel & The Catholic Faith of greatest eloquence.

Saint Newman recognized that daily help from Our Lady The Blessed Virgin Mary, to Whom he was deeply devoted, is key for Christians in this life to more closely follow The Word of GOD, JESUS CHRIST. For there was no holier human on earth, nor is there a Saint in Heaven, who is not closer to our Redeemer than The Mother of GOD.

So he wrote, "What need have we of the intercession of The Virgin Mother, of Her help, of Her pattern, in this respect: What shall bring us forward in The Narrow Way, if we live in the world, but the thought and patronage of Mary?

What shall seal our senses, what shall tranquilize our heart, when sights and sounds of danger are around us, but Mary? What shall give us patience and endurance, when we are wearied out with the length of the conflict with evil,

with the unceasing necessity of precautions, with the irksomeness of observing them, with the tediousness of their repetition, with the strain upon the mind, with our forlorn and cheerless condition, but a loving communion with Her!

She will comfort us in our discouragements, console us in our fatigues, raise us after our falls, reward us for our successes. She will show us Her Son, our GOD and our all.

When our spirit is excited, or relaxed, or depressed, when it loses its balance, when it is restless and wayward, when it is sick of what it has, and hankers after what it has not, when our eye is solicited with evil and our mortal frame trembles under the shadow of the Tempter,

what will bring us to ourself, to peace and health, but the cool breath of The Immaculate and the fragrance of The Rose of Sharon? It is the boast of the Catholic Religion that it has the gift of making the heart chaste;

and why is this, but that it gives us JESUS CHRIST for our Food and Mary for our Nursing Mother? Go to Her for The Royal Heart of Innocence. She is The Beautiful Gift of GOD which outshines the fascinations of a bad world,

and which no one ever sought in sincerity and was disappointed. She is the personal type and representative Image of that spiritual life and renovation in Grace, without which no one shall see GOD." \*

PSALM 18:29-33

<https://www.youtube.com/watch?v=1drtim65OA0&list=RD1drtim65OA0&index=1>

From Her Immaculate Heart to His Sacred Heart, rejoice!

29 For by Thee I have run through a troop; and by my GOD have I leaped over a wall.

30 As for GOD, His Way is perfect: The Word of The LORD is tried: He is a buckler to all those that trust in Him.

From Her Immaculate Heart to His Sacred Heart, rejoice!

31 For who is GOD save The LORD? or who is a Rock save our GOD?

32 It is GOD that girdeth me with strength, and maketh my way perfect.

33 He maketh my feet like hinds' feet, and setteth me upon my high places.

\*["Help From Our Lady to Observe The Word of GOD." Saint John Henry Newman. The Magnificat, 10/09/2021. Meditation of the Day, p 141-142.]