

Saint Cardinal Peter Damian, OSB (1007 - 1072 AD)

**ST. PETER  
DAMIAN,  
BISHOP &  
DOCTOR of  
the CHURCH**

*"Nobody can fight properly or boldly for the faith if he clings to a fear of being stripped of earthly possessions."*

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**If we have the Lord, what do we have to fear?  
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[https://www.catholic.org/saints/saint.php?saint\\_id=780](https://www.catholic.org/saints/saint.php?saint_id=780)

Saint Peter Damian was a Benedictine Monk, theologian... [and] a Doctor of The Church. His religious Order, from the Latin, is "Ordo Sancti Benedicti." He was a force for holiness throughout The Church and an esteemed preacher of The Faith.

"Strengthening Our Weak Limbs: by Saint Peter Damian "As I carefully note the fervor of your way of life, dear brothers, I attribute it to no amount of human effort, but rather I give thanks to Him, Who for His Own Loving Purpose, "provides both the will and the action within you (PHILIPPIANS 2:13).

He indeed is The Source and Origin of Virtue, it is He Who inspires good will. And who should wonder that He gives strength to the frail vessels of your bodies, that you might bravely carry The Cross after Him, since it is He Who wondrously balances the contents of all the world's granaries in fragile ears or stalks?

See how mighty buildings made of weighty stone often fall to the ground, and yet the winged sheaths that hold each grain, supported on their fine stems, do not succumb. Why should we marvel, I say, that He gives stamina to the limbs of His servants, since it is He Who suspends the wines of every region in the world within the thin skin of grapes?

And that which often overflows after much labor had confined it in casks is held without loss in a very thin membrane like some trustworthy container. And what is more, the juice of that often escapes drop by drop from the cask is preserved in the grape and does not diminish, but rather increases through daily growth.

Who can properly describe The Greatness of GOD's work, when in both a strand of grain and a cluster of grapes He seems to hide the granaries of the great and the storehouses of kings? Notice the leaf on the tree, trembling in the winter cold, and having consumed all the green it once had during the fine days of autumn, is now about to fall.

It is scarcely attached to the branch on which it hangs and shows all the signs of its gentle downfall. The winds howl, gusting this way and that, and the winter cold grows deeper under the pressure of the dense air.

And to add to our wonder, the ground is strewn with all the other fallen leaves, and the tree, having lost its foliage, stands shorn of its beauty. But this leaf alone remains with all its companions gone, and like a last heir succeeds to the fraternal inheritance.

And so blessed Job, that observer of Divine Power, had every right to say: "His works are great, beyond all reckoning, His marvels, past all counting." [JOB 5:9]

LUKE 14:1-6

<https://www.youtube.com/watch?v=rb1tObQU3fw>

- 1 And it came to pass, as He went into the house of one of the chief Pharisees to eat bread on The Sabbath Day, that they watched Him.
- 2 And, behold, there was a certain man before Him which had the dropsy.
- 3 And JESUS answering spake unto the lawyers and Pharisees, saying, Is it lawful to heal on The Sabbath Day?
- 4 And they held their peace. And He took him, and healed him, and let him go;
- 5 And answered them, saying, Which of you shall have an ass or an ox fallen into a pit, and will not straightway pull him out on The Sabbath Day?
- 6 And they could not answer Him again to these things.

\*["Strengthening Our Weak Limbs" Saint Peter Damian. The Magnificat, 10/29/2021. Meditation of the Day, p 409-410.]