<u>Robert W. Baral*Saints Joachim & Anna*St Gregory Palamas*7/26/2021 AD*p 1</u>

Saints Joachim and Anne, parents of The Blessed Virgin Mary



https://newdailycompass.com/en/saints-anne-and-joachim-1?fbclid=IwAR0mIHAfjl3PEPmr2BPvKsgQNemSM7bFPhFGw179wzvuP XHY8fyRTurui1Q

"Let us praise Joachim and Anne, to whom, in their generation, The LORD gave Him Who is a blessing for all the nations!" * "Although Scripture tells us nothing about Mary's parents, a Tradition going back to the 2nd Century [AD] names them Anne and Joachim.

According to the Proto-Evangelium of James, Anne and Joachim were childless. They separated to pray, begging GOD's Mercy. An angel visited each in turn, with GOD's Promise of a Child. Hastening to meet each other at the gates of the city, they embraced in their joy.

"Joachim and Anne, how blessed a couple! All creation is indebted to you. For at your hands The Creator was offered a gift excelling all other gifts: a chaste Mother [Holy Mary], who alone was worthy of Him [our Redeemer JESUS CHRIST]. (Saint John Damascene.)"*

<u>Robert W. Baral*Saints Joachim & Anna*St Gregory Palamas*7/26/2021 AD*p 2</u>

"O LORD, GOD of our Fathers, Who bestowed on Saints Joachim and Anne this Grace, that of them should be born The Mother of Your Incarnate Son, grant, through the prayers of both, that we may attain the salvation You have promised to Your people. Through our Lord JESUS CHRIST, Your Son, Who lives and reigns with You in The Unity of The HOLY SPIRIT, GOD, for ever and ever." * Amen!

SIRACH 3:1-8

https://www.youtube.com/watch?v=WrKpMDebioc

Heavenly Father, in Holy Mary was Incarnate Thy Son!

1 Hear your father, O children, and do thereafter, that ye may be safe.

2 For The LORD hath given the father honour over the children, and hath confirmed the authority of the mother over the sons.

3 Whoso honoureth his father maketh an atonement for his sins:

4 And he that honoureth his mother is as one that layeth up treasure.

Heavenly Father, in Holy Mary was Incarnate Thy Son!

5 Whoso honoureth his father shall have joy of his own children; and when he maketh his prayer, he shall be heard.

6 He that honoureth his father shall have a long life; and he that is obedient unto The LORD shall be a comfort to his mother.

7 He that feareth The LORD will honour his father, and will do service unto his parents, as to his masters.

8 Honour thy father and mother both in word and deed, that a blessing may come upon thee from them.

"How to Become 'Full-Grown" in The Faith:

follow Saints Joachim and Anna, to become full of Grace like Holy Mary by Saint Archbishop Gregory Palamas of Thessalonica (1296 - 1359 AD) http://www.spc.rs/eng/st_gregory_palamas_archbishop_thessalonica

"Offer now with one accord to The Virgin the most desirable and appropriate gift, your sanctification and bodily purity through selfcontrol and prayer.

<u>Robert W. Baral*Saints Joachim & Anna*St Gregory Palamas*7/26/2021 AD*p 3</u>

See, all of you, how chastity, fasting and prayer, linked with contrition, made Joachim and Anna the parents of a Divine Vessel, a Vessel chosen not just to bear The Name of GOD, like Saint Paul, who was to be born later, but to bear Him[, as the prophet Isaiah wrote,] Whose Name is 'Wonderful'...

ISAIAH 9:6

For unto us a Child is born, unto us a Son is given: and the government shall be upon His shoulder: and His Name shall be called Wonderful, Counseller, The Mighty GOD, The Everlasting Father, The Prince of Peace.

If we persevere in our prayers as well as the other virtues+, continuing in GOD's Temple with understanding, we shall find stored up within ourselves that purity of heart, which holds GOD and manifests Him to us.

If we wish to dwell not on earth but in Heaven, and not to fall to the ground or into sin that pulls us down, but to reach out continuously towards The Divine Heights, let us fear GOD, abstain from everything evil, return to Him through good works, and strive by self-control and prayer to wipe out the evil within us,

to change our inner thoughts for the better, and to be in labor with The SPIRIT of Salvation and bring it to birth, having as our Helper, through invoking Her Name, The Virgin [Holy Mary] Who was bestowed upon her parents [Saints Joachim and Anne] through prayer and a manner of life pleasing to GOD.

She [Holy Mary] transformed their sorrow [of Saints Joachim and Anne's childlessness], annulled the ancestral curse [of The Fall], and wrought our first mother's [Eve's] pangs [of Original Sin] to an end, painlessly bearing CHRIST in Her Virginity.

To Him belongs all glory, honor, and worship together, with His Father and The all-HOLY, good, life-giving SPIRIT, now and forever and unto the ages of ages. Amen. *

<u>Robert W. Baral*Saints Joachim & Anna*St Gregory Palamas*7/26/2021 AD*p 4</u>

+Catechism of The Catholic Church # 1805 Four virtues play a pivotal role and accordingly are called "cardinal"; all the others are grouped around them. They are: prudence, justice, fortitude, and temperance. "If anyone loves righteousness, [Wisdom's] labors are virtues; for she teaches temperance and prudence, justice, and courage."

[WISDOM 8:7]

+Catechism of The Catholic Church # 1813

The theological virtues are the foundation of Christian moral activity; they animate it and give it its special character. They inform and give life to all the moral virtues. They are infused by GOD into the souls of the faithful to make them capable of acting as His children and of meriting eternal life. They are the pledge of The Presence and action of The HOLY SPIRIT in the faculties of the human being. There are three theological virtues: faith, hope, and charity. [I CORINTHIANS 13:13]

*["Saints Joachim and Anne." The Magnificat, 7/26/2021. Memorial, Entrance Antiphon and Collect, p 363. "How to Become 'Full-Grown.'" Saint Gregory Palamas. Memorial of the Day, p 367-368.]