

## The Exaltation of The Holy Cross



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"The Exaltation of The Cross stems from The Truth that "apart from The Cross, there is no other ladder by which we may get to Heaven" (Saint Rose of Lima).

CHRIST won our salvation on The Cross, redeeming us from sin and meriting all The Graces we continue to receive through The Sacraments. Exalting The Holy Cross each year encourages us in the midst of our own sufferings, assuring us that suffering is a Sign - not that GOD has abandoned us - but that we are being invited into closer Union with our Savior.

This is why "Christians see themselves as a people under The Sign of The Cross. It is The Sign of their salvation; it is their ensign, their banner, their cover, their plea and their glory" (Thomas Howard)." \*

GALATIANS 6:14

But GOD forbid that I should glory, save in The Cross of our Lord JESUS CHRIST, by Whom the world is crucified unto me, and I unto the world. \*

"O GOD, Who willed that Your Only Begotten Son should undergo The Cross to save the human race, grant, we pray, that we, who have known His Mystery on earth, may merit The Grace of His redemption in Heaven. Through our Lord JESUS CHRIST, Your Son, Who lives and reigns with You in The Unity of The HOLY SPIRIT, GOD, for ever and ever." \* AMEN.

JOHN 3:13-17

<https://www.youtube.com/watch?v=08JSCEHR-p8>

13 And no man hath ascended up to Heaven, but He that came down from Heaven, even The Son of Man Which is in Heaven.

14 And as Moses lifted up the serpent in the wilderness, even so must The Son of Man be lifted up:

15 That whosoever believeth in Him should not perish, but have eternal life.

16 For GOD so loved the world, that He gave His Only Begotten Son, that whosoever believeth in Him should not perish, but have everlasting life.

17 For GOD sent not His Son into the world to condemn the world; but that the world through Him might be saved.

\*["Feast of The Exaltation of The Holy Cross." The Magnificat, 9/14/2021. Mass commentary, Entrance Antiphon and Collect, p 172-173.]