

Blessed Sister Maria Restituta Kafka, FSCC, Martyr "the Catholic Nun  
beheaded by the Nazis for hanging Crucifixes in hospital rooms"  
(1894 - 1943 AD)



[https://aleteia.org/2017/03/30/meet-the-nun-beheaded-by-nazis-for-hanging-crucifixes/?utm\\_campaign=english\\_page&utm\\_medium=aleteia\\_en&utm\\_source=Facebook#link\\_time=1490893684](https://aleteia.org/2017/03/30/meet-the-nun-beheaded-by-nazis-for-hanging-crucifixes/?utm_campaign=english_page&utm_medium=aleteia_en&utm_source=Facebook#link_time=1490893684)

"Helena Kafka was born in Brno, Moravia (present-day Czech Republic). Her family moved to Vienna, where she eventually became a Nurse... in a hospital and encountered the Franciscan Sisters of Christian Charity [FSCC]. She joined them two years later and was given the name "Restituta," after a 4rd-century Roman, Virgin Martyr.

[https://www.catholic.org/saints/saint.php?saint\\_id=6679&fbclid=IwAR2\\_MNA94QJpDDY7Ya9GH4-lwakWCdBsgQ2KMyI-byADwahD0los1y62jHE](https://www.catholic.org/saints/saint.php?saint_id=6679&fbclid=IwAR2_MNA94QJpDDY7Ya9GH4-lwakWCdBsgQ2KMyI-byADwahD0los1y62jHE)

In 1919, Restituta became an operating room assistant in a hospital outside Vienna. Competent and compassionate, she excelled at smoothing the relationships between the staff and the surly head Doctor. She was a joyful instigator at recreation for the patients...

Two years after the 1938 annexation of Austria by Germany, Restituta riled the authorities when she placed a Cross in each of the hospital rooms. After a Nazi Doctor caught her copying a satirical poem about Hitler, she was arrested and imprisoned.

While in prison, Restituta shared her rations with needier prisoners, including a woman guilty of infanticide, who had been abandoned by the others. When she was sentenced to death for "conspiracy" and "attempting high treason," she wrote a letter thanking her fellow Nuns, begging their forgiveness for her faults, and offering forgiveness to the Doctor who had turned her in.

Her last words were, "I have lived for CHRIST; I die for CHRIST." Father of Mercies, through the intercession of Blessed Maria Restituta Kafka, make me capable of abundant Charity." \* In life and in death, in white martyrdom or red, LORD GOD our King Eternal, may we too be faithful to You in all things. AMEN.

I JOHN 3:16

[https://www.youtube.com/watch?v=nFyX5Mn4fgM&list=RDvjIjf3\\_z\\_mU&index=4](https://www.youtube.com/watch?v=nFyX5Mn4fgM&list=RDvjIjf3_z_mU&index=4)

Hereby perceive we The Love of GOD, because He laid down his life for us: and we ought to lay down our lives for the brethren.

\*"Blessed Maria Restituta Kafka, Virgin and Martyr." The Magnificat, 9/25/2021. Saints Who Teach Us to Forgive, p 353.]