<u>a commentary:</u> THE MURDER OF BABIES BORN & UNBORN - MY TESTIMONY – WHY I OPPOSE ABORTION

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#### I. THE LIVING NIGHTMARE OF A CERTAIN PARAMEDIC CASE

I am by profession a hospital paramedic turned emergency room nurse. About 20 years ago, when I first began working in emergency health care, I was stunned at how many of my coworkers were alcoholics. I soon learned why. Few lay people outside of health care can understand the untold lifetimes of memories - both of nightmares and of miracles - that health care workers carry with them. I will share one of those nightmares that haunts me still with you.

I once had a paramedic backup request from a basic ambulance unit for a "woman bleeding vaginally." I recall it was a dirty, run down walk up in a dirty, run down city. The cops and basic ambulance Emergency Medical Technicians [EMT's] were already there. My partner and I entered the run down apartment to find a young female sitting on a mobile "stair chair." The cops and EMT's were concerned for the girl, who was maybe 15 tops, because of what appeared to be a good amount of dried blood at the scene. Our men were just about to start the carry down to the ambulance, never an easy task in these older walk-ups.

This young woman was obviously a minor. Yet she was alone and there were no family or friends with her at the scene. The patient was awake, alert and sitting quietly on the stair chair. She appeared to be stable and in no apparent distress at rest. Her vitals from the EMT's were okay. She was fully clothed. The patient made it clear that she was not interested in having a pre-hospital ob/gyn exam done by a bunch of male ambulance techs, and we saw no urgency in seeking to do so, in light of her apparent stable condition.

As to the source and circumstances of the bleeding, the patient refused to give us any information, desiring from us only a trip to the local hospital. All we knew was that the call had come into dispatch as a woman bleeding vaginally. She said nothing to us about why she was so bleeding - at least nothing about what we were soon to discover... I was just on the verge of telling the EMT's to ship her off to the city hospital emergency room without our help, as she didn't need advanced paramedic care.

Suddenly, one of the cops motioned to me to come over to the bathroom. I went in and he pointed to a dirty bathtub. In the tub was a newborn dead baby, with the umbilical cord wrapped around its neck and body, in a clear plastic bag, covered with blood. The cop and I looked at each other without speaking in what was one of the longest minutes of my life, an eternity of horror glimpsed face-to-face in a few short moments of time.

So now we knew the cause of the young girl's vaginal bleeding. She had apparently recently given birth, but had not told any of our men when they asked her what was up. The baby was unfortunately stone cold dead and long past working the child up as a "code," that is to attempt to resuscitate the baby. Nothing from our "fancy bag of tricks" could take back what death had long since stolen here in this case.

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As we in health care appreciate all to well, it is easy to instantly see if someone is "stone cold" dead. The blood pools according to gravity to create dependant lividity. The skin is room temperature to the touch. The muscles tighten in the "death grip" of rigor mortis, leaving the body literally "stiff as a board." Such was the case here. This was a "possible crime scene" for the Medical Examiner's eyes, so we were pleased to be spared the added misery of having to call the ER doctor for a pronouncement. We were relieved to be able to leave these matters in the hands of the unfortunate cops at the scene.

All I remember next - and this was maybe 17 years ago - was I walked back out to the room where the patient was. I just stared at her and our eyes met for a few brief seconds - not in judgment or harshness - but just in shocked, dumbfounded disbelief. I said nothing and neither did she. I wished to console the young lady in some small way, but for once I myself was so numb that I was not capable of doing so.

Women bleed vaginally when giving birth. For emergency pre-hospital care purposes - unless the blood loss causes a patient to become unstable or is of course lifethreatening - basic ambulance care for a short trip to the local hospital usually suffices. We were not needed here. I dispatched the patient off to the city hospital E.R. with a nod to our men. For our few minutes of time, my job on this case was happily done - except for the paper work, of course...

From what I remember we found out later on from a supervisor, it was a normal birth hours before any of us were ever called to the scene. It was later determined by the cops that this young teenage mother-never-to-be just didn't want the baby, so she murdered the child by suffocation with the plastic bag. Upon being informed of this, I had no desire to learn anything further of the case, as my "cup of trembling" for that day was adequately full to overflowing.

Of all the overwhelming multitude of catalogs of suffering and sorrow stored up in my memory from 2 decades of emergency patient care, this one is the worst. I often relive this particular nightmare memory as if it was just now happening, and I am standing in that filthy bathroom reaching down to that poor dead baby. It sometimes plays in my mind over and over in nearly frozen slow motion - a living hell nightmare that I can't shake out of.

#### **II. A BRIEF INTRODUCTION TO THE HORRORS OF ABORTION**

I am happily no expert, but here is a very brief medical/nursing background on abortion. This is not the place to get into the unpleasant details on the subject:

Abortion techniques include the RU-486 pill; Suction Aspiration; Dilation & Curettage (D&C); Dilation & Evacuation (D&E); Prostaglandin Amniotic Injection; Saline Amniotic Injection; Urea Amniotic Injection; Intracardiac Fetal Poison Injection; Dilation & Extraction (D&X) - aka "Partial Birth Abortion."<sup>12</sup> There is additionally the

<sup>&</sup>lt;sup>1</sup> 1, Lovematters.com, "Abortion Methods."

<sup>&</sup>lt;sup>2</sup> 2, Heritage House '76, "How Are Abortions Done?"

practice of Induced Labour Abortion - aka "Live Birth Abortion." Different techniques are often combined in mid and late term abortions.<sup>3 4</sup>

Immediate medical/nursing complications can include retained "Products of Conception" (POC's); life threatening bleeding; pain; infections; uterus, bowel and bladder puncture; cervix lacerations; occasional death; the aborted baby being born alive. Future medical/nursing complications include higher rates of breast cancer; ectopic pregnancies; placenta presentation births; miscarriages; sterility; infant cerebral palsy. Future psychological/social complications include increased depression; suicide; drug abuse; alcohol abuse (Post Abortion Syndrome).<sup>5 6 7</sup>

National stats on abortion complications in America are thought to be highly under-reported due to limited regulation of the abortion industry and lack of uniform medical/nursing standards of data collection and reporting to government authorities.<sup>8</sup>

I have recently read of the horrors of "born alive" abortion babies, where women have abortions, but the "complication" of the baby being delivered alive arises, and how such babies are left to die. When I read of testimony of one nurse of those monstrous scandals of one particular American hospital that bears the name "Christ Hospital" (taken over by a secular, big chain health care system), I remembered that case of the dead newborn baby in the bathtub so many years ago. "Born alive" abortion babies aren't suffocated with plastic bags, but rather are just left without nourishment, warmth or care to expire of "natural causes" to complete such botched abortions.<sup>9 10</sup>

After having studied about the various different abortion procedures, I was left stunned as to the barbarity of it all. I have even read of the selling of aborted baby body parts, tissues, organs and cadavers and am left in shocked disbelief that our nation has stooped to such coldness beyond description.<sup>11</sup>

<sup>&</sup>lt;sup>3</sup> 3, Jill Stanek, RN, "Hearing on HR 4292, the Born Alive Infant Protection Act of 2000. US House Committee of the Judiciary. July 20, 2000." Testimony of Jill Stanek, RN of here eyewitness observations of "live birth abortion" cases in an American hospital.

<sup>&</sup>lt;sup>4</sup> 4, U.S. House of Representatives, hearings on "BORN-ALIVE INFANTS PROTECTION ACT OF 2001" bill.

<sup>&</sup>lt;sup>5</sup> 5, Heritage House '76, "You're Getting an Abortion - What Can Happen to You?"

<sup>&</sup>lt;sup>6</sup> 6, De Veber Institute for Bioethics and Social Research, "Abortion Risks Higher Than Expected - Breast Cancer, Infertility, Suicide Rates Higher, Yet Under-Reported."

<sup>&</sup>lt;sup>7</sup>7, Concerned Women For America, "Abortion's Physical and Emotional Risks."

<sup>&</sup>lt;sup>8</sup> 7, Ibid.

<sup>&</sup>lt;sup>9</sup> 3, Jill Stanek, RN, "Hearing on HR 4292, the Born Alive Infant Protection Act of 2000. US House Committee of the Judiciary. July 20, 2000." Testimony of Jill Stanek, RN of here eye-witness observations of "live birth abortion" cases in an American hospital.

<sup>&</sup>lt;sup>10</sup> 4, U.S. House of Representatives, hearings on "BORN-ALIVE INFANTS PROTECTION ACT OF 2001" bill.

<sup>&</sup>lt;sup>11</sup> 8, Concerned Women For America, "Partial Birth Abortion - A Way to Obtain Intact Body Parts To Sell."

### III. CARING FOR BROKEN WOMEN POST ABORTION IN THE ER

Strange, but throughout nursing school, we never really learned much about abortion. My first full-time job as an emergency room nurse was at a large urban teaching Catholic hospital. It was there I first really learned about the gruesome medical and nursing details and facts of how different abortion procedures "terminate" unborn babies; how there is no such thing as a "safe and painless" abortion; what horrid risks and after effects women suffer because of abortion. This was vital knowledge for us, as many postabortion women in distress sought our help in this poor community under the Cross of Christ on top of our hospital.

Many post-abortion women came to us in terrible suffering, pain and fear. I remember uncontrolled vaginal bleeds, "retained" fetal tissues, septic infections, uterine surgical emergencies, tears, sorrow and regret of many such young women, most just single teenagers. And of course, there were the social, mental and spiritual injuries post abortion - not to mention the known long term complications of body, mind and soul - that these young women were to suffer long after my brief care of them in the ER.

I have studied pictures of aborted babies on the internet. <sup>12</sup> I am haunted by what I not infrequently have collected from ob/gyn patients in distress - both post abortion and also from miscarriages - as an E.R. nurse, "Products of Conception." I recall various "POCs" that testified to my own eyes the obvious truth, "This was a little human being."

## IV. OUR CHILD'S ESCAPE FROM ABORTION PAST & FUTURE

I fondly remember being present with my wife when our daughter was born some years ago. I often relive the great joy and happiness I felt when I saw our baby being born. I remember when my wife was first pregnant, we were a scared young couple on our own. We considered an abortion. We even made an appointment and walked around the block past the clinic. I never stop thanking Heaven above that we never went in to that abortion clinic for that appointment.

My teenage daughter is now the age of that young girl of the murdered newborn so many years ago. I have little fear that my daughter would ever do such a thing, as we have taught her that all human life is a precious miracle gift of Creation, that abstinence until marriage, and then marriage between one man and one woman - based on love and Faith - is the best course. But there are many young people in America today that do not know GOD's Ways about such matters and suffer so as a result.

# V. TEARS I SHED FOR THE MURDER OF BABIES BORN & UNBORN:

Sometimes, I remember that dead little baby in the bathtub many years ago and cry in my soul for the child. I sometimes light a candle for that murdered newborn baby. Once in a while, if I have a few beers, and I remember that dead little newborn baby, I shed a tear.

<sup>&</sup>lt;sup>12</sup>9, Abortiontv.com, "Abortion Pictures."

When I think of the 40 million plus abortions done in America, I also cry in my soul. <sup>13</sup> For comparison, Hitler murdered 13 million civilians; Mao 20 million; Stalin 20 million. <sup>14</sup> Sometimes I light a candle for all those murdered unborn babies, victims of the American holocaust genocide of abortion. Once in a while, if I have a few beers, and I think of all the terrible documented suffering of aborted babies - and of their mothers and fathers never-to-be, I shed a tear.

#### VI. WHAT DOES ALL THIS MEAN FOR AMERICA?

The murder of babies - born and unborn - is the surest sign of a nation's depravity, wickedness and loss of humanity. Those of us in urban emergency health care know best of this directly. ISAIAH 5:20 warns, "Woe unto them that call evil good, and good evil; that put darkness for light, and light for darkness!" <sup>15</sup> Our Lord JESUS CHRIST warns in MATTHEW 18:10, "Take heed that ye despise not one of these little ones; for I say unto you, That in Heaven their angels do always behold the face of My Father which is in Heaven!" <sup>16</sup> For the blood of all such innocents so murdered, does not Heaven shed a tear?

Thomas Jefferson said, "GOD who gave us life gave us liberty. And can the liberties of a nation be thought secure when we have removed their only firm basis, a convictions in the minds of the people that these liberties are of the Gift of GOD? That they can not be violated but with HIS Wrath? Indeed I tremble for my country when I reflect that GOD is just; that HIS justice cannot sleep forever." <sup>17</sup>

### VII. IN CONCLUSION

Understanding the connections between abortion and the devaluation of human life, and their negative medical, nursing, psychological and social impacts on women, babies, men and society is vital to help stop the murder of babies in America, both born and unborn. The spiritual costs of abortion upon our land and people can not be calculated in human words. I pray, may GOD have mercy upon us for such evils! In the Name of GOD The father, and The Son and The Holy Ghost. AMEN.

<sup>&</sup>lt;sup>13</sup> 10, Abortiontv.com, "Abortion Statistics by US State, Race, Age and Worldwide Statistics."

<sup>&</sup>lt;sup>14</sup> 11, Zelman and Stevens, "Death By Gun Control," table, "The Human Cost of Gun Control." Chart with data on major 20<sup>th</sup> Century genocides committed by genocidal governments.

<sup>&</sup>lt;sup>15</sup> 12, King James Version Bible, ISAIAH 5:20.

<sup>&</sup>lt;sup>16</sup> 12, King James Version Bible, MATTHEW 18:10.

<sup>&</sup>lt;sup>17</sup> 13, Federer, "America's GOD and Country Encyclopedia of Quotations," quotes of Thomas Jefferson, page 323.

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