

**A Meditation for CORPUS CHRISTI Sunday**  
**The Most Holy Body and Blood of CHRIST**  
**With Saint Teresa of Avila**

**MARK 14:22-24**

22 While they were eating [The Passover Supper], He [JESUS] took bread, said the blessing, broke it, and gave it to them, and said, "Take It; This is My Body."

23 Then He took a cup, gave thanks, and gave it to them, and they all drank from It.

24 He said to them, "This is My Blood of The [New] Covenant, Which will be shed for many..."<sup>1</sup>

**A Prayer of Ministry by Saint Teresa of Avila**

"CHRIST has no body but yours,

No hands, no feet on earth but yours,

Yours are the eyes with which He looks Compassion on this world,

Yours are the feet with which He walks to do good,

Yours are the hands, with which He blesses all the world.

Yours are the hands, yours are the feet,

Yours are the eyes, you are His Body.

CHRIST has no Body now but yours,

No hands, no feet on earth but yours,

Yours are the eyes with which He looks compassion on this world.

CHRIST has no body now on earth but yours."<sup>2</sup>

Tradition in The Catholic Church sets aside a Sunday to venerate, elevate and adore in Church and in public The Most Blessed Sacrament of The Altar, The Holy Communion instituted by our Savior JESUS CHRIST. It is a reminder of our joy in The Lord to celebrate This Perpetual Last Supper Sacrifice in The Mass, in Eucharistic Adoration, in prayer and in procession through our Churches and our streets.

It is also a Call of the privileged of our Priests, Deacons, Religious and lay Ministers to bring The Body, Blood, Soul and Divinity of This Sacrament to the homes, bedsides and institutions where GOD's people are in need of reminders of His Love.

This particular Sunday is also celebrated as "Ministry Sunday" in many Parishes. Our Christian Faith must never be merely passive, but active. Saint Teresa of Avila reminds us that, we The Body of CHRIST The Church, are called to be the hands, eyes, ears, mouths and feet of our Divine Master, The Head of The Church.

Where is GOD calling us to serve in His Love in our Parishes, our homes and our communities? May we answer, with Saint Teresa of Avila and all The Host of Heaven – as did the Prophet Isaiah. For when Isaiah heard The Voice of The Lord, "Whom shall I send, and who will go for Us?" – he answered, "Here am I. Send me!"<sup>3</sup> AMEN.

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<sup>1</sup> NAB, MARK 12:22-24. <http://www.biblegateway.com>.

<sup>2</sup> Prayer, "CHRIST Has No Body But Yours." Attributed Saint Teresa of Avila (1515–1582). EWTN Global Catholic Network.

<http://www.ewtn.com/v/experts/showmessage.asp?number=639249>.

<sup>3</sup> NAB, ISAIAHA 6:8.