

Lord, Teach Us How to Pray!

Saint Padre Pio on The Lord's Prayer

What is Prayer?

Prayer is "a humble religious petition of man to GOD to seek Divine Benevolence and The Benefits he needs for life, both temporal and eternal. It is a conversation with GOD, either by accepted prayer forms, or from the heart."¹

LUKE 11:1-4² - The Our Father – with St Padre Pio

¹ And it came to pass, that, as He was praying in a certain place, when He ceased, one of His disciples said unto Him, Lord, teach us to pray, as John [The Baptist] also taught his disciples. ² And He said unto them, When ye pray, say,

Our Father Which art in Heaven, Hallowed be Thy Name.

"GOD is our Father. We praise and thank GOD for all the wonderful gifts He has given us. We pray that GOD's Name will be spoken with respect and reverence at all times."

Thy Kingdom come.

"JESUS told us about GOD's Kingdom in Heaven. We pray that everyone will live as JESUS teaches us to live. We look forward to The Day when GOD's Kingdom will finally come about" in full.

Thy will be done, as in Heaven, so in earth.

"We pray that everyone will obey GOD's Laws. We know that JESUS has taught us how to live as His followers. JESUS wants The Way Christians live to be a Sign for others. Then they might desire to live the Christian life, too."

³ Give us day by day our daily bread.

"GOD cares for us. We know that we can pray for our needs. We know that we must pray for the needs of the poor. We ask GOD for the good things we can share with others."

⁴ And forgive us our sins; for we also forgive every one that is indebted to us.

"We ask GOD for forgiveness when we have done something wrong. We forgive those who have hurt us."

And lead us not into temptation;

"We pray that GOD will help us make good choices and do what is right. When we have difficult choices to make, we can pray to The HOLY SPIRIT for guidance."

but deliver us from evil.

"We pray that GOD will protect us from what is harmful. We know that we should care for our own health and the well-being of others."

Amen.

"When we say, "Amen," it means, "I believe."³

¹ "Speak Lord... Your Servant Listens." Para 1. Marian Fathers of The Immaculate Conception of The Blessed Virgin Mary. Marian Press, Stockbridge, MA. 1994.

² King James Version Bible, LUKE 11:1-4. See also MATTHEW6:6-9.

³ Saint Padre Pio (1887-1968) of Pietrelcina was a Capuchin [Franciscan] Catholic Priest... He became known for bearing The Stigmata (Wounds of CHRIST)... [and] was canonized by Pope John Paul II on 16 June 2002." <http://www.biographyonline.net/spiritual/padre-pio.html>

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