

Taking Up Our Crosses and Following The Lord

With Saint Teresa Benedicta of The Cross

A Hymn – Take Up Thy Cross!

“Take up thy Cross,” The Savior said,
 “If thou wouldst My Disciple be;
 Deny thyself, the world forsake,
 And humbly follow after Me.”

Take up thy Cross, let not its weight
 Fill thy weak spirit with alarm;
 His strength shall bear thy spirit up,
 And brace thy heart and nerve thine arm.

To Thee, Great Lord, The One in Three,
 All praise forevermore ascend:
 O grant us in our Home to see
 The Heavenly Life that knows no end. ¹

MATTHEW 16:24

Then said JESUS unto His Disciples,
 If any man will come after Me,
Let him deny himself,
 And take up his Cross, and follow Me. ²

A Prayer for Peace with St. Teresa Benedicta of The Cross

“O my GOD, fill my soul
 with holy joy, courage and strength to serve You.
Enkindle Your Love in me and then walk with me
 along the next stretch of road before me.
I do not see very far ahead, but when I have arrived
 where the horizon now closes down,
a new prospect will open before me,
 and I shall meet it with peace.” ³

¹ Hymn, “Take Up Thy Cross!” Charles William Everest. <http://classic-hymns.com/take-up-thy-cross/>

² King James Version, MATTHEW 16:24.

³ “Losing Our Life for JESUS’ Sake.” Saint Teresa Benedicta of The Cross, nee Edith Stein, died 1942. The Magnificat, Friday 9th of August, 2013, p 122-123.