

Finding Shelter Amidst The Storms of Life

With St Clair of Assisi

ISAIAH 53:3-5¹

3 He was spurned and avoided by men, a Man of Suffering, accustomed to infirmity, One of those from whom men hide their faces, spurned, and we held Him in no esteem.

4 Yet it was our infirmities that He bore, our sufferings that He endured, While we thought of Him as stricken, as one smitten by GOD and afflicted.

5 But He was pierced for our offenses, crushed for our sins, Upon Him was the chastisement that makes us whole, by His stripes we were healed.

II TIMOTHY 2:11-13²

11 This saying is trustworthy: If we have died with Him we shall also live with Him;

12 if we persevere we shall also reign with Him. But if we deny Him he will deny us.

13 If we are unfaithful He remains faithful, for He cannot deny Himself.

A Meditation by Saint Claire of Assisi³

Embrace The poor CHRIST.

Look upon Him Who became contemptible for you, and follow Him, making yourself contemptible in this world for Him!

Your Spouse, though more beautiful than the children of men, became, for your salvation, The Lowest of Men, was despised, struck, scourged untold times throughout His entire Body, and then died amid The Suffering of The Cross...

Gaze Upon Him,

Consider Him,

Contemplate Him,

As you desire to imitate Him!

If you suffer with Him, you will reign with Him.

If you weep with Him, you shall rejoice with Him;

If you die with Him on The Cross of Tribulation,

You shall possess Heavenly Mansions in The Splendor of The Saints

And, in The Book of Life, your name shall be called glorious among men!

Because of this you shall share always and forever The Glory of The Kingdom of Heaven in place of earthly and passing things, and Everlasting Treasures instead of those that perish, and you shall live for ever!

¹ New American Bible, ISAIAH 53:3-5

² New American Bible, II TIMOTHY 2:11-13.

³ "United With Him Who Is to Be Handed Over." Saint Claire of Assisi. The Magnificat, Meditation of The Day, August 11th, 2014, p 151-152. St. Claire, who died in 1250, was a disciple of St. Francis of Assisi and foundress of The Order of The Poor Claires of Assisi, Italy at San Damiano. "Though beautiful and rich, at eighteen Claire renounced everything to follow CHRIST in the manner of St. Francis of Assisi." [The Magnificat, "Saint Claire Memorial," August 11th, 2004, p 148.]