Reaching Out to GOD with Saint Therese The Little Flower

A Meditation – by Saint Therese of Lisieux [1]

"JESUS holds out His hand to us in order to receive… [our] love, so that on That radiant Judgment Day, This Savior may be able to greet us with The ineffable [2] Words – 'Come, ye blessed of My Father; for I was hungry and you gave Me to eat, thirsty and you gave Me to drink!' [MATTHEW 25:33-34]" [3]

PSALM 131:1-3 – Rejoice with a Childlike Faith

1 LORD, my heart is not proud; nor are my eyes haughty. I do not busy myself with great matters, with things too sublime for me.
2 Rather, I have stilled my soul, Like a weaned child to its mother, weaned is my soul.
3 Israel, hope in The LORD, now and forever. [4]

ROMANS12:3&16 – Walk with a Humble Spirit

3 For by The Grace given to me I tell everyone among you not to think of himself more highly than one ought to think, but to think soberly, each according to the measure of Faith that GOD has apportioned.
16 Have the same regard for one another; do not be haughty but associate with the lowly; do not be wise in your own estimation. [5]

A Prayer – Reach Out to GOD's Love – with St Therese

My Lord and my GOD! O most Blessed Trinity! I desire to love Thee, and to make Thee loved by mankind. Since Thou hast loved me so much as to give me Thy only-begotten Son for my Savior…, the infinite Treasures of His Merits are mine!

These merits I offer to Thee with joy, beseeching Thee to behold me only as in The Face of JESUS, and in His Sacred Heart burning with Love!

Moreover, I offer Thee all The Merits of The Saints, in Heaven and on earth, together with their Acts of Love, and those of The holy Angels!

Lastly, I offer Thee O blessed Trinity, The love and Merits of The Blessed Virgin, my dearest Mother. To Her I entrust this oblation, begging Her to present it to Thee! AMEN. [6]

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[1] Saint Theresa of Lisieux (1873-1897) was a Carmelite Nun and Doctor of The Church. She formed "The Little Way" of spiritual growth that focused on the need of meeting GOD's Love with humility and trust. The Magnificat, Feast Day of St. Theresa of The Child JESUS, 10/01/2014, p 27-36.
[2] "Ineffable" means "too great, powerful, beautiful, etc., to be described or expressed." Merriam Webster Dictionary. Encyclopedia Britannica. http://www.merriam-webster.com/dictionary/ineffable.
[3] "Daily Thoughts from The Little Flower." Saint Therese of The Child JESUS and The Holy Face. Carmelite Nuns, Coopersburg, PA. Paulist Press, 1964. "Thoughts for November 9," p 41.
[4] New American Bible, PSALM131:1-3.
[5] New American Bible, ROMANS 12:3&16.
[6] "Act of Oblation of Saint Therese of The Infant JESUS." The Little Flower Novena in Honor of St. Therese of Lisieux, p 11. St. George Maronite Catholic Church, PA. 1951.