

A Meditation for Lent – Let Your Light So Shine!

A Hymn – Our Accepted Day

Lo! Now is our accepted Day
 The time for purging sins away,
 The sins of thought, and deed, and word,
 That we have done against The Lord!
For He The Merciful and True
 Hath spared His People hitherto;
 Not willing that the soul should die,
 Though great its past iniquity!
Then let us all with earnest care,
 And contrite fast, and tear and prayer,
 And Works of Mercy and of Love,
 Entreat for Pardon from Above! ¹

PSALM 51:10-11 – A PSALM of King David

10 Create in me a clean heart, O GOD; and renew a right spirit within me.
11 Cast me not away from Thy Presence; and take not Thy HOLY SPIRIT from me. ²

II CORINTHIANS 1:3-4 – An Epistle of Saint Paul

3 Blessed be GOD, even The Father of our Lord JESUS CHRIST, The Father of Mercies, and The GOD of all Comfort;
4 Who comforteth us in all our tribulation, that we may be able to comfort them which are in any trouble, by the comfort wherewith we ourselves are comforted of GOD. ³

MATTHEW 5:16 – from The Lord’s Sermon on The Mount

Let your light so shine before men, that they may see your good works, ⁴ and glorify your Father Which is in Heaven. ⁵

Let Your Light So Shine - Christian Works of Mercy

Spiritual Works of Mercy: to admonish sinners; to instruct the uninformed; to counsel the doubtful; to comfort the sorrowful; to be patient with those in error; to foster forgiveness as The Lord forgives us; to pray for the living and the dead.

Corporal Works of Mercy: to feed the hungry; to give drink to the thirsty; to clothe the naked; to shelter the homeless; to visit the imprisoned; to visit the sick; to bury the dead.

¹ Hymn, “Our Accepted Day,” v 1-3. The Magnificat, Ash Wednesday, 5th March, 2014, p 74.

² King James Version Bible, PSALM51:10-11.

³ King James Version Bible, II CORINTHIANS 1:3-4.

⁴ “I Demand Deeds of Mercy – How JESUS Called St. Maria Faustina to Live The Works of Mercy.” Rev. George W. Kosicki. Marian Press, Stockbridge, MA. 2000.

⁵ King James Version Bible, MATTHEW 5:16.