

Living The Golden Rule “Do Unto Others”

with St Teresa of Avila

The Two Great Commandments¹

DEUTERONOMY 6:4-5

Hear, O Israel!

The LORD is our GOD, the LORD alone!
Therefore, you shall love The LORD, your GOD,
with your whole heart,
and with your whole being,
and with your whole strength.²

LEVITICUS 19:18

You shall love your neighbor as yourself...³

The Golden Rule

MATTHEW 7:12

Do to others whatever you would have them do to you.
This is The Law and the prophets.⁴

A Poem by St. Teresa of Avila

“CHRIST has no Body now on earth but yours,
no hands but yours, no feet but yours.
Yours are the eyes
through which CHRIST's Compassion
is to look out to the earth.
Yours are the feet
by which He is to go about doing good.
And yours are the hands
by which He is to bless us now!”⁵

¹ See also MATTHEW 22:36-40. JESUS repeats Moses, affirming The Two Great Commandments.

² New American Bible, DEUTERONOMY 6:4-5.

³ New American Bible, LEVITICUS 19:18b.

⁴ New American Bible, MATTHEW 7:12.

⁵ A poem, “CHRIST has no Body but Yours.” Saint Teresa of Avila (1515-1582).

<http://www.rc.net/southwark/ashfordstteresa/St%20Teresa%20of%20Avila.htm>